



This is to certify that

Michelle Lehoux

completed an online Continuing Professional Development program entitled

On-Demand Insomnia Interventions: First-Line Treatment for Insomnia in Primary Care

through Queen's University on **Thursday, July 30, 2026**

Credits for Family Medicine Specialists:

This Certified Assessment Activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Queen's University CPD Team for up to 10 Mainpro+ credits. Session ID: 302464-001

Credits for Royal College Specialists:

This event is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and is approved by the Office of Continuing Professional Development, Queen's University. You may claim a maximum of 10 hours. Session ID: 00018237

Credits for Health Professionals and Enthusiasts:

This is a professional learning activity which provides up to 10 hours of Continuing Education.

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Continuing Professional Development

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